



BBC Essex Women's Cup Final 2016

C & K BASILDON vs
WRITTLE

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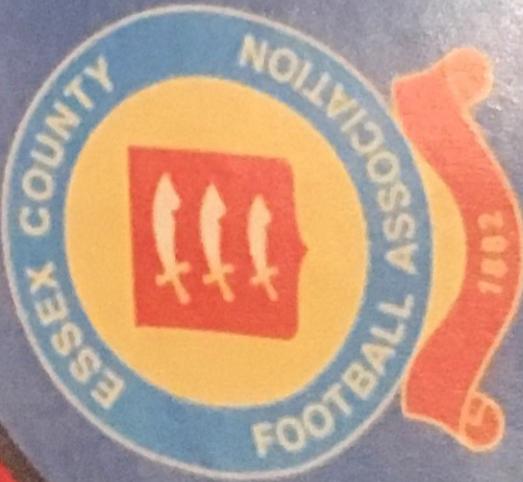


Thursday 21 April, 7.45pm
Ship Lane, Thurrock FC





Developing Football for All



C & K Basildon won the BBC Essex Women's Cup for a second time thanks to a 7-1 win over Billericay Town last season. Having defeated Colchester United two years earlier, C & K returned to AFC Hornchurch to repeat that success. There were two goals for Claire Lacey and single strikes from Amy Nash, Merrick Will, Carly Eagles, Zoe Rushen and Sara Sinclair.

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THE ESSEX COUNTY FOOTBALL ASSOCIATION LTD.

The County Office
Springfield Lyons Approach
Springfield
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'We develop and govern football for clubs, referees, coaches, leagues and volunteers, increasing participation and ensuring the game is safe and enjoyable for all.'

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BJ Fitzgerald, CF Lee, LA Segal, CJ Singh

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Group One: DA Threadgold, RK Crane,
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Group Two: DJ Emerton, CJ Singh,
AM Chaplin (Open Age), DT Charlick (Youth)

Group Three: CL Francis, AR Berry, KP Curran
(Open Age), MI Holmes (Youth)

Group Four: WA Deller, BJ Fitzgerald,
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Women's & Girls: In Memory of Ken Robinson

Essex County Schools FA: GJ Hall

Essex Referees' Association: CF Lee

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*The county's districts and boroughs are split into the following geographical groups. Group One: Tendring, Colchester, Braintree & Maldon;
Group Two: Chelmsford, Uttlesford, Harlow, Epping Forest & Brentwood;
Group Three: Rochford, Southend-on-Sea, Castle Point, Basildon & Thurrock;
Group Four: London Boroughs of Havering, Redbridge, Barking & Dagenham, Waltham Forest & Newham.

WELCOME

Good evening everyone and welcome to Ship Lane, home of Thurrock FC for this 22nd BBC Essex Women's Cup Final.

Well done to both our finalists; C & K Basildon and Writtle on reaching tonight's final. Welcome to Thurrock, enjoy your night regardless of the result and please have a safe journey home afterwards.

Welcome and congratulations also to our four match officials. Stuart Cheek is the referee and he'll be assisted by Martin Quinn and Abbie Fox with Kirk Edwards the fourth official. Each appointment is the result of hard work and outstanding performances and we trust our officials will also enjoy the match and their time with us.

We have some special guests joining us this evening - the family of the late Ken Robinson, our much-liked and respected Women's & Girls representative who sadly passed away shortly before Christmas. Ken's children James, Sam and Sian have been invited along this evening and they will be introduced to the teams prior to kick-off and will present the trophy and mementoes after the game. We hope it will be a fitting occasion for their father, a massive supporter of female football, and I trust they will enjoy their time with us.

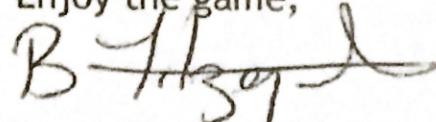
The BBC Essex Women's Cup was introduced in 1994 and that first season saw Chelmsford [now City] win the first of a competition-record five finals.

Winners in 2013 and 2015, C & K Basildon return to the final looking to secure a third success. C & K currently plies its trade in the Southern Division of The FA Women's Premier League and flies the flag as our highest-ranked female club.

Writtle, unbeaten in Division One of the Eastern Region Women's League Division One stand two clear divisions away from C & K, but will be buoyed by a fine semi-final win over higher-ranked Brentwood Town. Writtle have experience of the big occasion having won the Essex Women's Trophy in 2014 and we're looking forward to an exciting contest tonight.

Finally, thank you to Thurrock FC for allowing us the use of the fine facilities here at Ship Lane this evening. I trust you'll make the most of them.

Enjoy the game,



Barry Fitzgerald





FOUNDATION
Celebrating 25 years of community sport



PRESENTS

BE MOORE FUN RUN

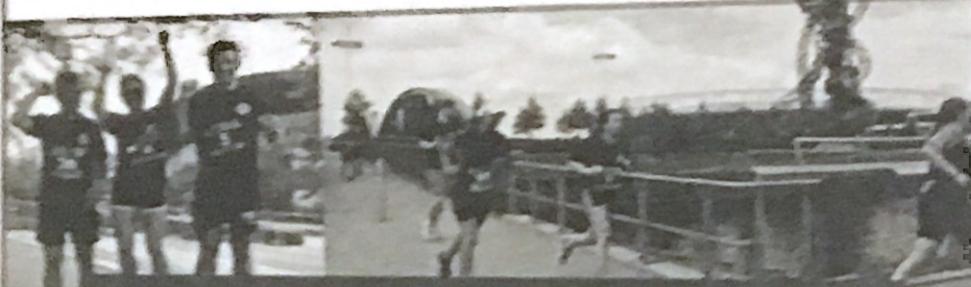
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Enter raffle
to win
West Ham
prizes

Medals
and goodie
bags for
participants

Bank Holiday Monday,
May 2nd 2016 @ 11am - 3pm

(Registration opens at Podium Bar & Kitchen Race Hub from 9.30-10.50am)
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Register online: <http://wes.hm/BeMooreFunRun>

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MEMORIAL CUP FINAL**

Raising money for the
Essex FA Benevolent Fund

HEYBRIDGE SWIFTS

VS

HULLBRIDGE SPORTS

Monday 25 April 2016
Kick-off 7.45pm

Scraley Road
Heybridge Swifts FC

£5 Adults
£3 Concessions



THE FA TROPHY FINAL



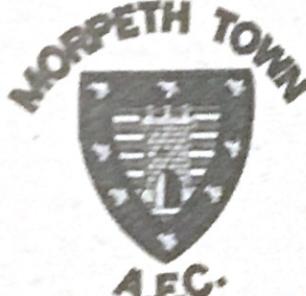
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THE FA VASE FINAL



V



NON-LEAGUE FINALS DAY AT

WEMBLEY
CONNECTED BY EE

SUNDAY 22 MAY 2016

OUR HISTORY



W. G. Whistle (Walthamstow Grange).	E. R. B. Herod (G.E. Rly.).	H. R. Smith (Custom House).
W. H. Barrett (G.E. Rly.)	J. Smith (Barking Tn.)	G. B. Harris (Barking Town). A. J. Rowe (Barking Town).
J. F. Leslie (Barking Tn.)	F. J. C. Blake (Ilford)	F. Richardson (Barking Tn.) F. W. Briant (Captain) (G.E.Rly.)

The Essex County Football Association has come a long way since formation in Chelmsford 134-years ago.

Our Governance Team deals with discipline, affiliations and the various County Cup competitions that the 1,500-plus affiliated clubs are able to enter. Our Referee Development Officer is responsible for running courses aimed at new and current officials, as well as looking after and offering guidance to around 1,600 individuals.

The Development Team provides coaching and funding throughout the area. Included within this is the awarding of the FA Charter Standard, the development of women's and girls' football, the promotion of minority groups within the game and the running of courses to aid coaching standards.

The Association was founded in the White Hart Public House, a stones throw from the current office until demolition in 2010, on 30 September 1882 by members of several local football clubs.

AC Durrant of Chelmsford FC, in the chair, proposed the name "The Essex County Football Association," which was seconded by JL Nickisson of Brentwood FC and carried unanimously.

Eleven years later a full Executive Committee was finally formed, consisting of three members from North Essex and three from South Essex, who would be elected annually at the General Meeting. Later, the number was increased to eight, then to twelve, and now a 26-strong Council unite as

evidence of the rapidly-expanding game.

By the time the Committee started to enlarge, the famous Essex Senior Cup competition had been inaugurated, with the first final seeing Colchester defeat Braintree. Today we operate 20 County Cup competitions with the latest edition of the Women's Trophy for season 2011/2. Additionally, the invitational Tolleshunt D'Arcy Memorial Cup raises funds for the Essex FA Benevolent Fund, a charity established to assist players hit by financial hardship as a direct result of footballing injury.

Jas T Clark served the Association for in excess of 50 years, prominently as Secretary, and successfully guided the Association through both World Wars, having already been awarded an MBE by the time he celebrated his 50th year of service.

Paid staff first joined the Association in 1976 and by 1980, Terry Alexander was engaged as an Administrative Assistant and later Executive Secretary in the new County FA Headquarters in Duke Street, Chelmsford.

31 Mildmay Road was then purchased as the new County Office in 1984 where we remained for 21 years, with current Chief Executive, Phil Sammons, appointed to his post in 1997 when a new, computerised system was also installed. To mark the turn of the millennium, the ECFA became a limited company, before switching to the current headquarters in Springfield Lyons Approach during the summer of 2005.

Pictured above is an Essex County FA representative side from 1920.





BBC ESSEX WOMEN'S CUP

This evening marks the 22nd BBC Essex Women's Cup Final.

The first final saw Chelmsford [City] win the first of five overcame Romford while C & K Basildon seek a third success at Ship Lane this evening.

PREVIOUS WINNERS

1994/5 Chelmsford

beat Romford, 3-1 at Wivenhoe Town FC

1995/6 Harlow Town

beat Colchester, 2-0 at Witham Town FC

1996/7 Collier Row

beat Clapton, 2-1 at Witham Town FC

1997/8 Chelmsford

beat Collier Row, at Witham Town FC

1998/9 Chelmsford City

beat Colchester United, 2-0 at Witham Town FC

1999/2000 Chelmsford City

beat Dagenham & Redbridge, 3-0 at Witham Town FC

2000/1 Barking

beat Dagenham & Redbridge, 4-0 at Purfleet FC

2001/2 Chelmsford City

beat Colchester United, 3-2 aet at Purfleet FC

2002/3 Barking

beat Colchester United, 3-2 at Witham Town FC

2003/4 Dagenham & Redbridge

beat Barking, 1-0 at Maldon Town FC

2004/5 Dagenham & Redbridge

beat Barking, 3-0 at Maldon Town FC

2005/6 Dagenham & Redbridge

beat Braintree Town, 7-0 at Maldon Town FC

2006/7 Dagenham & Redbridge

beat Braintree Town, 2-1 at Maldon Town FC

2007/8 Colchester United

beat Chelmsford City, 2-2 aet (4-2 pens) at Wivenhoe Town FC

2008/9 West Ham United

beat Colchester United, 9-0 at Maldon Town FC

2009/10 Colchester United

beat Braintree Town, 5-1 at Great Wakering Rovers FC

2010/1 West Ham United

beat Hutton, 2-1 at AFC Hornchurch

2011/2 Colchester United

beat West Ham United, 2-2 aet (4-2 pens) at AFC Hornchurch

2012/3 C & K Basildon

beat Colchester United, 1-0 at AFC Hornchurch

2013/4 West Ham United

beat Barking, 1-0 at AFC Hornchurch

2014/5 C & K Basildon

beat Billericay Town, 7-1 at AFC Hornchurch

COMPETITION RESULTS 2015/6

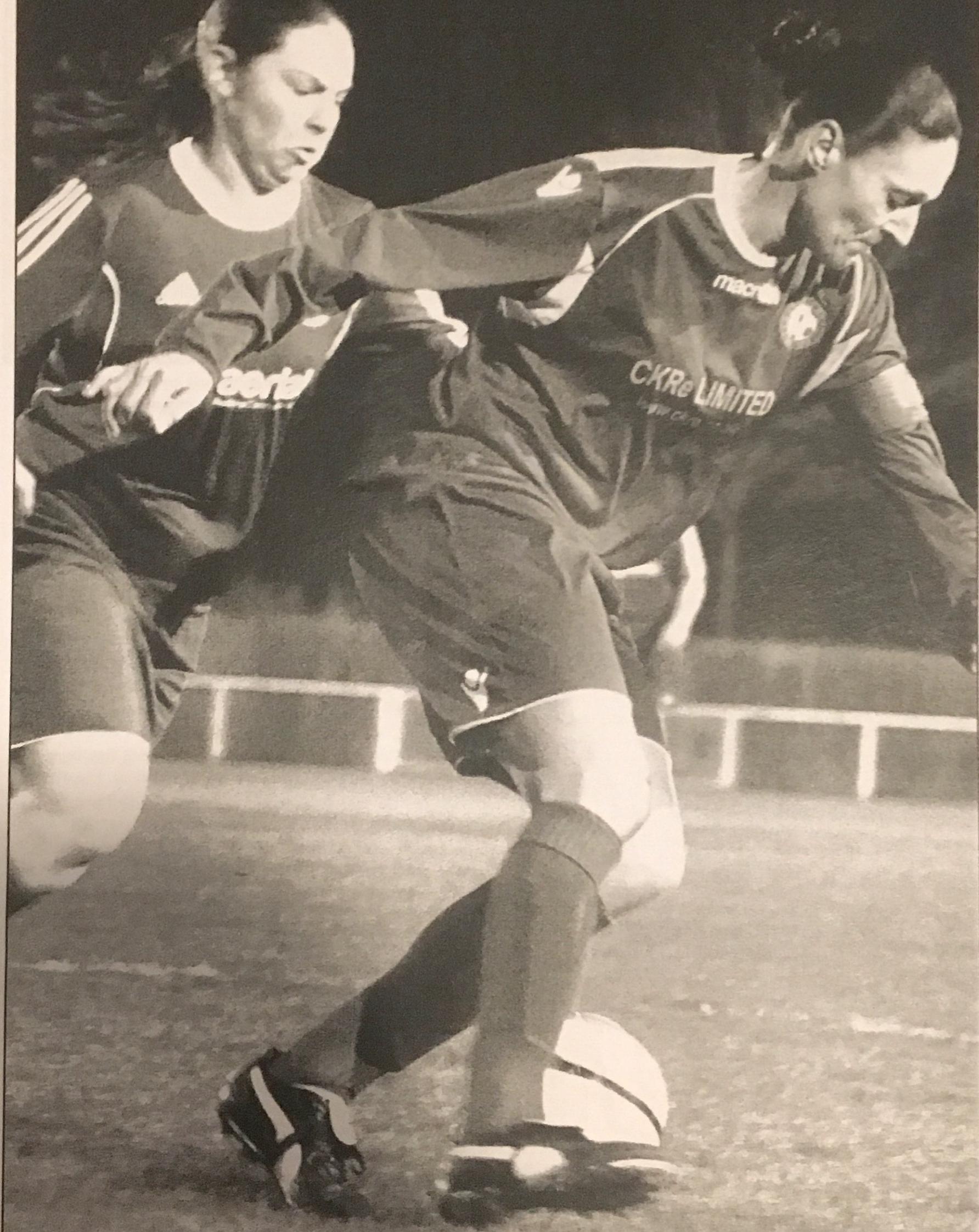
Round One: Silver End United 10-0 Runwell Hospital, Barking W-L Takeley, Billericay Town 4-0 Hutton.

Round Two: Colchester Town 3-1 Lawford, Chelmsford City W-L Barking, Writtle 3-1 Silver End United, Collier Row Tigers 3-1 Walden, Billericay Town 2-1 Great Wakering Rovers, Little Thurrock Dynamos 2-2 Brentwood Town (aet, 2-3 pens), Eastern Avenue 2-3 Hullbridge Sports.

Quarter-Finals: Chelmsford City 2-6 Colchester Town, Billericay Town 5-4 Writtle (Billericay removed; Writtle reinstated), Brentwood Town 4-1 Collier Row Tigers, C & K Basildon 10-0 Hullbridge Sports.

Semi-Finals: Colchester Town 0-3 C & K Basildon (aet), Writtle 5-0 Brentwood Town.

Action from last season's final



great passer of the ball who, despite her relaxed style, covers every blade of grass in a game.

Lily Mellors: Another former West Ham United player who joined the club in late 2015, Lily can play either as a striker or wide on the right. She is deceptively quick and can score important goals.

Sophie Blowers: Signed from Charlton Athletic this season, Sophie is a fine future prospect. Generally a speedy, determined wide-right player, she possesses real pace and also enjoys her role as a reserve goalkeeper.

Stacey Little: Stacey is a former West Ham United player and captain who signed for C & K in late 2015. A central midfield player, she can also play in the heart of the defence. Strong and quick, she possesses incredible skill.

Zoe Rushen: Vice-captain. Zoe is an ex-Colchester United player who joined us in 2013. A classy player with sublime skills and more than an eye for goal, she always gives 100% on the field.

Forwards

Karissa Rodney: A Trinidad & Tobago international with blistering speed on a straight run and a powerful shot, Karissa can play wide or as a striker. A former Colchester United Centre of Excellence player who joined the club in 2013.

Nicola Carty: Nicola is a seasoned striker who has played at the highest level for many years after starting out with West Ham United. Still represents Essex FA, where she has collected nearly 30

appearances. Nicola can also play just off the strikers, where she uses her passing ability to great effect.

THE ROAD TO THE FINAL

Quarter-Final

vs Hullbridge Sports, Won 10-0

Having received a bye to the last-eight due to their league status, C & K entertained Hullbridge Sports from the Essex County Women's League at Canvey Island's Park Lane.

Despite a difference of four divisions, Hullbridge gave a very spirited performance. It started badly for Hullbridge when their central defender diverted an early cross into her own net inside three minutes.

It was 4-0 at half-time, but the Hullbridge defence and goalkeeper had starred. As the game went on, the superior fitness of Hullbridge told and four goals in the last ten minutes sealed a 10-0 win.

Semi-Final

vs Colchester Town, Won 3-0 aet

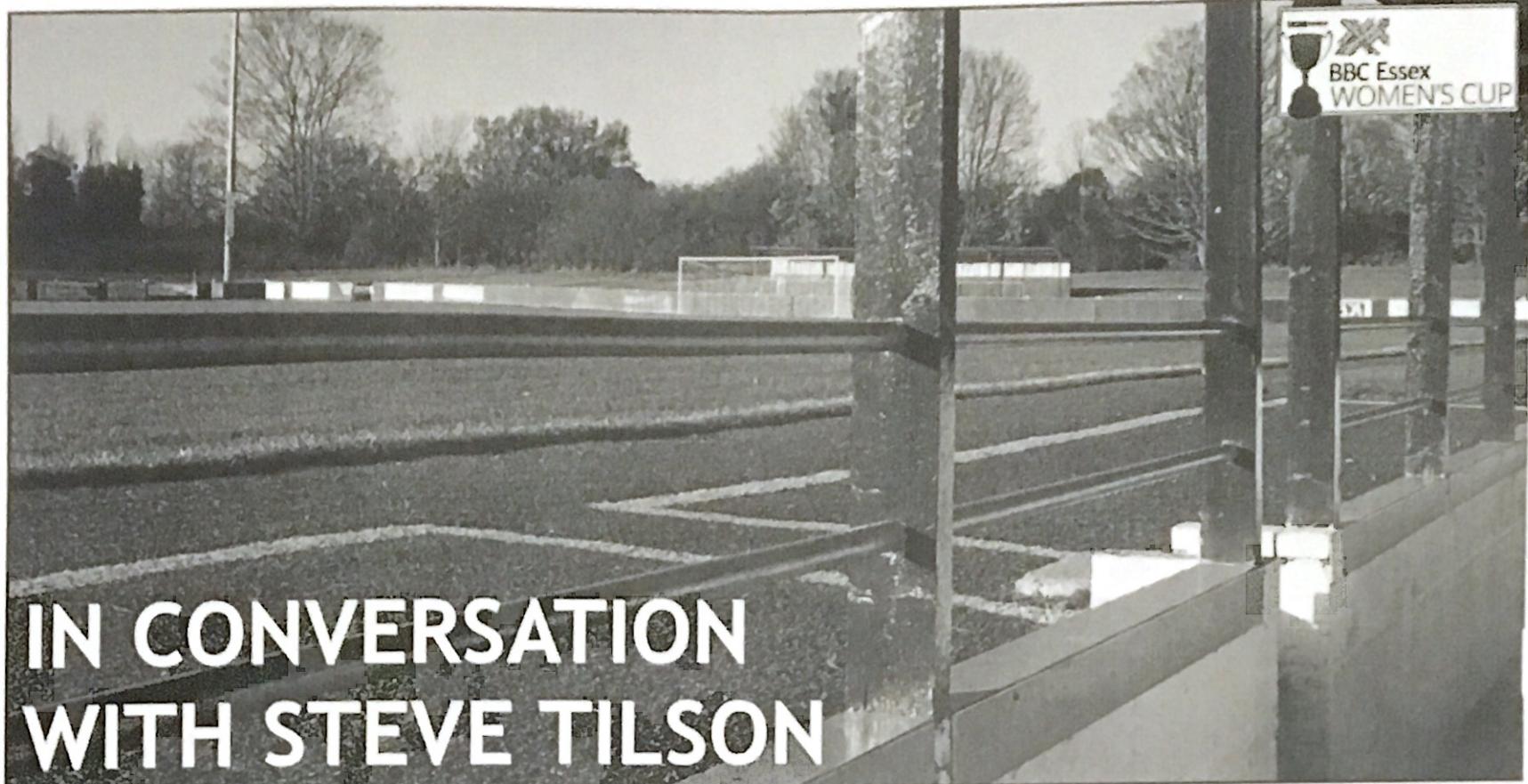
The semi-final was played on a blustery day with a severe cross wind on a small pitch which meant this was a difficult match for both sides.

Colchester Town successfully closed down C & K with a spirited performance and although C & K had numerous chances, they were unable to convert and the score remained 0-0 at half-time.

Extra time saw an early chance converted by Amy Nash, followed by further goals from Zoe Rushen and Hannah Porter which prevented a potential penalty shoot-out.



C & K toast Charlie Dolby's winner against Colchester United in the 2013 BBC Essex Women's Cup Final.



IN CONVERSATION WITH STEVE TILSON

"Before each season, we identify the BBC Essex Women's Cup as a competition we want to win," declares C & K Basildon manager Steve Tilson.

Tilson, a former Football League One championship winner as boss of Southend United, has turned his expertise to the female game and, having guided C & K to safety in the Southern Division of The FA Women's Premier League - the leading division in the women's winter game - he has now turned his focus to the county cup.

"It is the cup competition we expect to do well in," he confirms. "There are no guarantees, and because we are doing well, we are there to be shot down by other clubs, but we pinpoint that we want to win it. In The FA Women's Cup and in our league cup, we know it's unlikely we'll progress too far, but this is a big cup and we want to win it."

"It's been a tough season this year. We are playing against good sides, and the FA Women's Premier League is really a league of two leagues. You've got clubs of the calibre of Charlton Athletic, Cardiff City and Tottenham Hotspur who are throwing a lot of money into their teams, and that makes it difficult to compete. Our main aim this season was to stay up and to win this cup."

In order to lift the silverware for the third time in the past four seasons, C & K will need to overcome a Writtle side at the top of their own league. Tilson knows that it will be a hard-fought encounter, especially as his team required extra time to defeat Colchester Town in the semi-finals. He argues it is a sign of rude health in the game.

"We know it'll be a tough game. They've not lost a league game and they've done well. Within their camp confidence will be high, so it's my job to

make sure that our girls are switched on. We haven't seen them play, but without a doubt it'll be a tough game. Our attitude has to be right."

"The Colchester Town match was a really tough game in blustery conditions, but that's the same for both sides and, if you're not on your game, you'll get punished. Writtle beat Brentwood Town in the semi-finals, so we know for sure that it'll be in a tough game and hopefully it'll be a spectacle."

"I think women's football in Essex will keep on improving. Hopefully there'll be more Academies; we'd like to set one up here. I think we've set an example of where you can get to; a few years ago this club was at the same level as Writtle. I'd like to think that other clubs would see what we've done and follow our example," he concludes.

The FA Women's Premier League South

Up to & inc. 17.04.16	P	W	D	L	F	A	Pts
Brighton & Hove Albion	22	17	3	2	58	18	54
Charlton Athletic	20	14	4	2	56	17	46
Cardiff City	19	14	2	3	61	21	44
Coventry United	20	12	5	3	60	15	41
Portsmouth	21	13	2	6	59	26	41
Tottenham Hotspur	22	11	1	10	34	30	34
Lewes	22	8	1	13	30	42	25
C & K Basildon	21	7	4	10	36	51	25
Queens Park Rangers	21	6	2	13	23	43	20
West Ham United	22	5	4	13	21	60	19
Forest Green Rovers	21	2	2	17	18	67	8
Plymouth Argyle	21	1	2	18	21	87	5



C & K SECURE SECOND TITLE

BILLERICAY TOWN 1
C & K BASILDON 7
BBC ESSEX WOMEN'S CUP FINAL 2015

C & K Basildon secured their second BBC Essex Women's Cup Final triumph inside three seasons with a dominant display against Billericay Town.

Basildon boss John Hinz was delighted, admitting afterwards: "I'm happy. It was a little bit one-sided, and I'm surprised by the scoreline."

"I thought it was a good performance from us, but Billericay played their part for a period of time. I'm happy for the girls and the club, it was a good all-round performance."

17-year-old Will netted in just the third minute of the match to give her side the lead after controlling an Eagles pass. She pressed forwards to 25 yards out and then drove the ball in off the left-hand upright to give C & K the perfect start.

However, C & K were pegged back just five minutes later when goalkeeper Mel Kinsella raced off her goal line and was adjudged to have brought down Paris Smith. Piggott dispatched the penalty.

A frenetic start continued as Basildon went ahead again within 60 seconds. Experienced forward Sinclair was the goalscorer, finding the bottom right-hand corner from 30 yards.

Just after the half-hour mark, Basildon extended their advantage when Lacey rose highest to head home Nash's pinpoint corner kick for 3-1.

Billericay required a strong start to the second

half in order to get back into the game, but, instead, Basildon moved into a three-goal lead within a minute of the kick-off. This time Will was the provider, squaring the ball to Eagles, who had the simple job of tapping into an empty net from close range.

It was a decisive move from C & K, who could've netted again when defender Hannah Porter looped a header over from Nash's right-wing free kick. On 58 minutes, Basildon did make it 5-1 as substitute Chelsea Hinz was fouled on the left-hand apex of the penalty area and Zoe Rushen sent a devilish free kick swinging inside the near post despite Prior's touch.

Nash should've scored on the hour, slicing wide when one-on-one with Prior, and Eagles thwacked the crossbar from Porter's flick-on, but ex-Colchester United player Nash finally got on the scoresheet in the 65th minute when she galloped onto Will's through ball and poked her shot underneath Prior to extend the lead to five goals.

Lacey met an intelligent Rushen free kick, only for Vanessa Wilson to head the ball off the line, and sub Karissa Rodney lifted the ball against the crossbar as C & K found themselves camped in the Billericay half, and the final goal of the evening eventually arrived eleven minutes from the end as Lacey planted home a header from yet another Nash dead ball delivery to seal a 7-1 success.



2015 LINE-UPS

BILLERICAY TOWN

Layla Prior
Jo Dunne
Marie Barker
Sarah Bovington
Vanessa Wilson
Katie Whitehead
Paris Smith
Fran Murphy
Hayley Piggott
Sally Appleton
Steph Poleykett

Lisa Robins (for Wilson)
Emma Roberts (for Smith)
Holly Darling (for Murphy)
Hollie Dimambro
Helen Alder

C & K BASILDON

Mel Kinsella
Amy Nash
Megan Lawler
Claire Lacey
Hannah Por-
ter
Merrick Will
Nicola Carty
Karen Stephanou
Carly Eagles
Zoe Rushen
Sara Sinclair

Chelsea Hinz (for Stephanou)
Karissa Rodney (for Sinclair)
Carly Copplestone

Referee Peter Wilson
Assistants Wayne Ratford & Reece Morley
Fourth Official Andrew Pilbrow
Attendance 253





INTRODUCING WRITTLE

Writtle Ladies were established for the 2013/4 season after moving the team from another club. The team currently play in Division Two of the Essex County Women's League.

Writtle Ladies has won three consecutive league titles since being formed, winning all of its league games and gaining promotion in each season in the process so far. The team has now reached two county finals and has also been finalists in two league cup finals.

Writtle has one of the best youth set ups in Essex, and many of its youth girls represent Essex at the younger age groups. Eight of the current first team squad were playing for the club's under 18s last season. It has been a great journey so far and good for the girls to be part of Writtle Ladies history.

This season the ladies remain unbeaten in the Division One East of the Eastern Region Women's League and have already won the league with two more games to play. The ladies team are affiliated to Writtle Football Club and Writtle Minors Girls. The ladies team have joined a club with a rich history and we are proud to represent them in today's final.

In 1968 a local man, Bob Cooper, saw the need for a youth football team and started training a Boys Brigade team of Under 13s. This was the beginnings of the Writtle Minors Football Club. The Club entered the Chelmsford & District Football Mini League in the 1969/70 season.

The club took the colours of Celtic and the crest is a miner's helmet above a football, reflecting Bob Cooper's light hearted approach to the game.

The club actively pursues all aspects of youth

development and child protection policy as directed by the Football Association and became the first youth football club in Essex to be awarded The FA Charter Standard, which then upgraded its status to that of a Charter Standard Community Club in December of 2002.

In 2001 the Club started a girls section with a squad of seven-year old girls; this section has increased each year and are now represented in the Essex County Girls League at under ten to under 16 level. Nearly 20 per cent of their youngsters are now female. Most recently the club have added the affiliation of the ladies team which now provides a clear pathway for our young players.

Writtle Ladies would like to take this opportunity to thank the following:

- Club secretary Sue Mold for all her work behind the scenes;
- The parents and supporters for running the line and helping this season;
- Sharon Brownlie for starting this journey, her hard work in managing the team in the previous two seasons and bringing the club success for the present team to build on.
- Club chairman Eric Gallagher and all those involved at Writtle Football Club and Writtle Minors for all the support. The club wishes to say 'thank you for your hospitality and your support this season.'

PLAYER PROFILES

Goalkeepers

Beth Griffiths: Beth is an extremely talented



goalkeeper who joined Writtle in the summer. She has gained recognition for her excellent performances this season by recently being selected to represent Essex FA.

Rhianna Farr: Rhianna is an excellent goalkeeper. She is very brave, distributes the ball well and commands her area. Rhianna has played a major part in Writtle's previous successes

Kimberley Ripton: Kim has been the understudy goalkeeper this year and has done really well when she has stepped in.

Defenders

Kayleigh Franklin: Kayleigh has an excellent attitude and is a very competitive player. Her will to win drives the whole squad on. Kayleigh produced an excellent surge down the flank to create the opening goal in the Semi-Final.

Mia Brisley: Mia is a versatile player who has recently broken into the team after waiting patiently for her opportunity. She is enjoying her first season in adult football and has the ability to develop into a very good player.

Lynette Jones: Lynn has settled well into her new position this season having previously been used as a utility player and, alongside Hannah Mold, has formed the best centre-back pairing in the league. Lynn played excellently at centre-back in a pre-season game at Stevenage and has featured in that position ever since.

Hannah Mold: Hannah is a product of the club's youth set-up. She has started every game this season and has been a revelation during an excellent first campaign in adult football. Hannah has been outstanding this year and is a willing listener. The club's centre-back pairing have given Writtle's attacking players the platform to go and express themselves.

Faith Candice: Faith is a very accomplished defender and is reliable in either full-back slot. She competes well with Kayleigh and Mia for the full-back positions.

Rachel Weller: Rachel is another product of Writtle Minors. Her excellent performances in training have forced her into the squad lately.

Midfielders

Caroline Brown: 'Caz' was the team captain when the team won the Essex Women's Trophy in 2014,

WRITTLE LADIES FC FIRST TEAM

2015-16 Fixtures & Results

06.09	Lt Thurrock Dynamos	ERWL	W 7-0
13.09	Long Melford	ERWL	W 3-0
04.10	Long Melford	ERWLC	W 7-1
18.10	Ipswich Wanderers	ERWL	W 3-1
25.10	Hoddesdon Owls	ERWLC	W 3-1
08.11	Ipswich Wanderers	ERWL	W 5-1
15.11	Silver End United	EWC	W 3-1
22.11	Long Melford	ERWL	W 3-1
29.11	Stevenage	ERWLC	L 1-5
20.12	Lt Thurrock Dynamos	ERWL	W 8-2
17.01	Billericay Town	EWC	L 4-5
24.01	Bury Town	ERWL	W 5-0
07.02	Stevenage Reserves	ERD1C	W 5-0
14.02	Lt Thurrock Dynamos	ERD1C	D 1-1
06.03	Hutton	ERD1C	W 2-0
13.03	Bury Town	ERD1C	W 6-1
20.03	Ipswich Wanderers	ERD1C	W 3-1
03.04	Silver End United	ERWL	W 3-0
10.04	Brentwood Town	EWC	W 5-0
17.04	Silver End United	ERD1C	W 3-1
21.04	C & K Basildon	EWC	
24.04	Offley & Stopsley	ERD1C	
01.05	Silver End United	ERWL	
08.05	Bury Town	ERWL	

ERWL Eastern Region Women's League

Division One East

ERWLC Eastern Region Women's League Cup

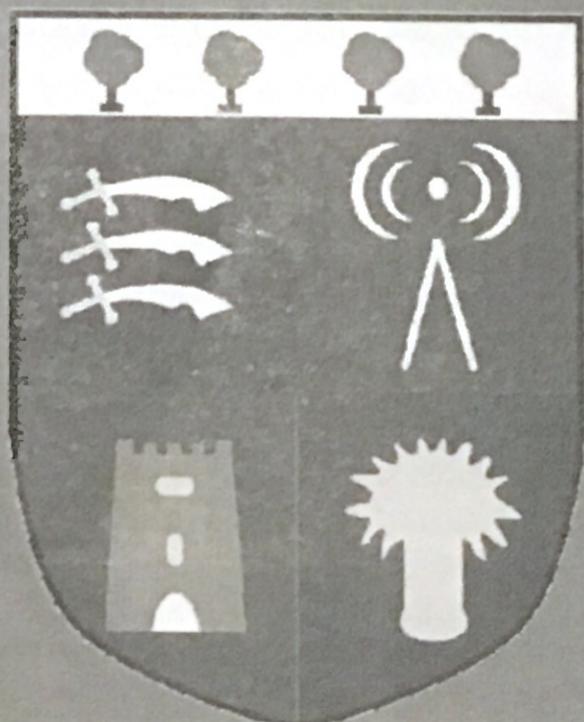
ERD1C Eastern Region Women's League

Division One Cup

EWC BBC Essex Women's Cup

Home fixtures highlighted in bold.

Neutral fixtures highlighted in italics



WRITTLE F.C.

scoring a 30-yard screamer from full-back. Caroline now plays in midfield and has helped the team to keep possession of the ball better.

Abigail Fry: Abi is the club captain and has been a major player this season. She is very popular amongst the girls and is responsible for the majority of the work that goes on behind the scenes. Abi has had an excellent season and has contributed with plenty of goals and assists, with her speed and power proving too much for most defenders this season. Leading the team out tonight will be a well-deserved and proud moment for her.

Georgie Tricker: Georgie has been a breath of fresh air this season. She is equally as good with either foot, energetic, fast, powerful and competitive. Georgie is a goalscoring midfielder and she has also gained recognition by representing Essex this term.

Leanne Stubbings: ‘Stubsy’ has been pushed further forwards this year into centre midfield. Leanne can play in any position on the pitch and is a very important player in our team as an extremely good footballer. She possesses a tremendous shot and is very good at all aspects of the game.

Amy Simmons: Amy is equally at home on either wing. She loves running at defenders and contributes with loads of goals and assists. Her brilliant two-goal performance in the Semi-Final helped us reach tonight’s Final.

Amelia Murphy: Amelia is a very exciting prospect; she gives the team a different dimension and links the team very well. Her touch is outstanding and she gives the team a lift with her exciting play.

Niki Medici: Niki has come into the League Cup squad recently and has contributed goals and assists in that competition. She is a good player to have around the squad, providing competition for the midfield and forward positions.

Forwards

Courtney Clarke: Courtney is a very talented player with loads of technical ability. She is a real team player and gets as much satisfaction assisting goals as scoring them. Despite still being a teenager, Courtney has already helped the team achieve three consecutive league titles and reach four Cup Finals. She can play in all the forward and midfield roles. Courtney has represented Essex three times this season and scored twice on her

County debut against Kent.

Sophie Vale: Sophie loves to score goals, especially from distance. She has had a very good first full season in adult football, scoring a number of goals. Sophie is a natural striker of a football and has the potential to develop into a top-class forward.

Charlotte Walker: Charlotte is developing into a very good centre-forward; she holds the ball up well and has the ability to bring people into the game. Charlotte has had to be very patient this season due to the form of the club’s other attackers, but her goalscoring ratio is very impressive and she has made the step-up to adult football impressively.

THE ROAD TO THE FINAL

Round Two

vs Silver End United, Won 3-1

The second round saw Writtle at home to Division One East side Silver End. Abigail Fry put the home team ahead with a shot from the right that managed to just go under the bar to make it 1-0.

Silver End equalised just before half time, but Sophie Vale regained the lead for Writtle following a goalmouth scramble from a corner. In the final minute of the game Writtle were awarded a penalty when Courtney Clarke was fouled in the penalty area. Abigail Fry stepped up to convert the penalty to seal Writtle’s passage through to the next round.

Quarter-Final

vs Billericay Town, Lost 5-4

The quarter-final was an extremely competitive game away to a Premier Division side Billericay.

Billericay snatched a late 5-4 win, but were found to play an ineligible player meaning Writtle were reinstated into the competition.

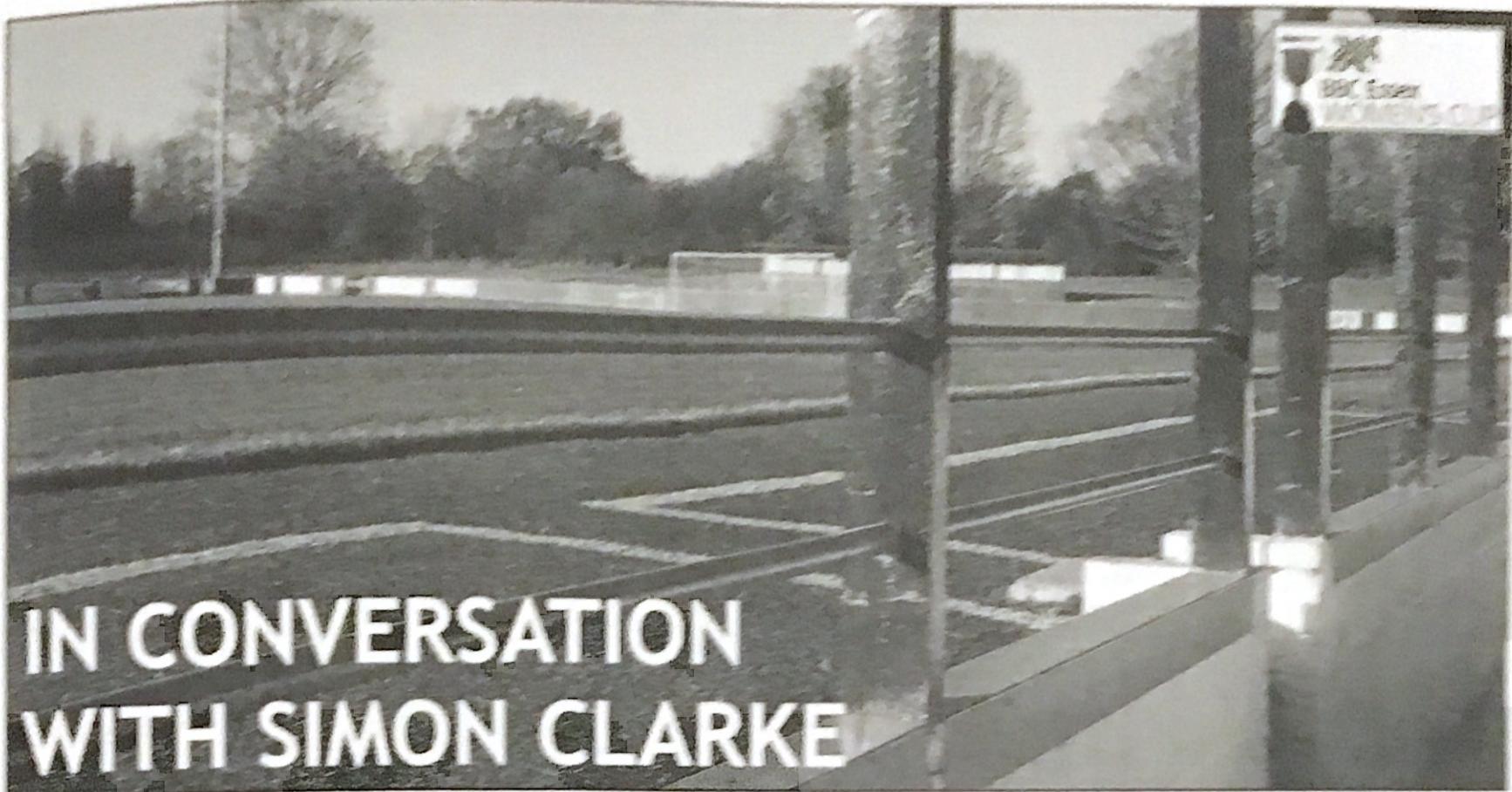
Semi-Final

vs Brentwood Town, Won 5-0

This long awaited semi-final eventually took place with Writtle hosting Brentwood from the Eastern Region Premier Division.

Amy Simmons put Writtle into a two-goal lead with close range strikes, Abigail Fry then helped herself to a brace to make the half-time score 4-0 in favour of Writtle. Georgie Tricker then scored Writtle’s fifth goal to book Writtle’s place into the BBC Essex Women’s Cup Final.





IN CONVERSATION WITH SIMON CLARKE

Writtle Ladies manager Simon Clarke will lead his ambitious team out at Ship Lane this evening hoping to spring a surprise and topple C & K Basildon.

Clarke took over the managerial reigns from Sharon Brownlie in the summer and has built on the success the club had enjoyed in its previous two seasons since inception in 2013. With two games remaining in the Eastern Region Women's Football League Division One East, Writtle have already claimed the title with a 100% record.

"I inherited a great team," Clarke declares. "I watched the Women's Trophy final a couple of years ago as a parent, and the second half was tense. There have been a lot of changes, but Sharon Brownlie laid the foundation for this team. There are a few players left, but we had a lot of U18s players come through and they have established themselves in the team."

"C & K Basildon started off where we were, but if we want to progress the limitation might be our ground. The girls are young and ambitious, and other clubs have expressed an interest in them, but we want to keep hold of them. A lot of people will be envious. We don't want to become a feeder club for other teams," he insists.

Clarke hopes that his squad will not be overawed by the occasion, with some of the squad having been involved in that 2014 Women's Trophy success over Southendian Ladies and others gaining valuable experience after being called up to represent their county.

"I don't know anything about Basildon, but we will show them the respect that three divisions between the clubs deserves. Steve Tilson was semi-professional at Canvey Island when I was

playing for Hendon, so we probably came up against each other a few times, but he has done a good job. I have seen some of their players playing for the Essex side, and they are good."

"It'll be a new experience to half of the team. It is a big game and we don't know how they'll react. It's a disadvantage that it's not repeated substitutions like we have in our league, so I have to get the team right. Hopefully the girls will do themselves justice."

Writtle have certainly achieved that so far this term and, although they were fortunate to be reinstated after Billericay fielded an ineligible player in the quarter-finals, their last four victory over Brentwood Town proved their pedigree.

"We were disappointed after the quarter-final, but luckily we got a second chance and we were desperate to grab it. We made sure the girls enjoyed it. They have been brilliant all season, and we've been on a winning run. Before the Brentwood game I told the girls we'd be playing in that year, so it wasn't something to be frightened of, and we got the win," he says.

Eastern Region Women's League Division One East

Up to & inc. 17.04.15	P	W	D	L	F	A	Pts
Writtle	8	8	0	0	37	5	24
Silver End United	9	6	0	3	29	19	18
Ipswich Wanderers	10	4	2	4	24	30	14
Bury Town	9	3	3	3	16	21	12
Little Thurrock Dynamos	10	2	1	7	23	35	7
Long Melford	10	1	2	7	12	31	5



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WOMEN'S
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WOMEN'S CHALLENGE CUP



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LADIES



LADIES

14 MAY 2016
WEMBLEY STADIUM



NON LEAGUE, OUR LEAGUE - FOOTBALL EXCLUSIVES



Dulwich Hamlet 2-1 Wingate & Finchley Dulwich Hamlet 2-1 Wingate & Finchley Brayside Georgia Town 2-1 "Sunday Team" | Junior Kadi post match reaction | Keith Rowlands post match reaction | Eddie Cooper post match reaction



LATEST VIDEOS

TONIGHT'S HIGHLIGHTS ARE AVAILABLE ONLINE!

Football Exclusives and the Essex County FA have teamed-up as Official Media Partners in a deal to provide full highlights and DVD packages for every County Cup Final in 2015/6, covering the matches from March to May online via www.footballexclusives.com.

Filming and highlights packages of all 19 County Cup finals which will be available for free online through Football Exclusives, plus there will be the opportunity to purchase DVDs with full commentary, extended of highlights, the trophy presentations and post-match interviews. Coverage will include the BBC Essex Senior Cup Final on Tuesday 12 April, where Concord Rangers defended their title against Heybridge Swifts.

Essex County FA Press & Publicity Officer, Chris Evans, is excited with the potential for the deal: "We're proud of the excellent coverage our County Cup finalists receive every season, but this new partnership with Football Exclusives will take it to a whole different level. We can't wait to share the highlights packages via social media and see the reactions of the players and match officials as their every move is captured on camera!"

Mike Bandry from Football Exclusives, added: "This new partnership is the latest step in our development, and it's a pleasure to be linked with the Essex County FA. Collectively, we all work together as a group to give non-league, women's and grassroots football the credible media coverage and exposure it deserves, ensuring regular exclusive content is made available to the fans at the click of a button at www.footballexclusives.com."

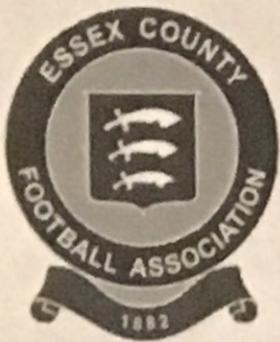
DVDs can be purchased for a discounted £12 before each cup final has taken place, and £15 thereafter. Full details on Essex's County Cups for 2015/6 can be found at www.essexfa.com, by following @EssexCountyFA on Twitter and by searching for "EssexFootball" on Facebook.

About Football Exclusives



Football Exclusives specialise in providing media coverage for fans of non-league, women's and grassroots football across the UK. www.footballexclusives.com is updated daily with exclusive match highlights, manager and player interviews, and news stories. Since their inception, Football Exclusives have carefully chosen the brands they work alongside and are very proud to have worked in partnership with some leading organisations.

In an economic climate where individuals struggle to fulfil their career aspirations due to the lack of relevant work experience and employment opportunities, Football Exclusives have filled this gap within the media and journalism industries by mentoring, coaching and developing aspiring sports journalists. They provide training workshops, work experience, constructive feedback and a growing, successful platform in which to showcase promising work.



Our Official Cup Final Match Photographs are available online!

Action images from one of our Official Photographers will be available via our website following today's game within 48 hours.

To view and purchase the shots, log on to

www.essexfa.com



THE 2015/6 SEASON QUIZ

With our County Cup finals bringing a close to the 2015/16 campaign we look back at the season with a series of quiz questions.

Feel free to test your memory of the current season during half-time on these teasers; with the answers at the foot of the page!

1: On 22 September 2015 Bayern Munich striker Robert Lewandowski came off the bench at half-time to score five goals against Wolfsburg. How long did it take to score all five?

2: Who scored twice for Arsenal as the Gunners beat Tottenham Hotspur 2-1 in the Capital One Cup on 23 September 2015?

3: Which Championship club knocked Newcastle United out of the Capital One Cup at St James Park on 23 September?

4: West Ham United won each of their opening three Premier League away fixtures in 2015/6, but against which clubs?

5: The last unbeaten professional club in Scotland during 2015/6 was Aberdeen. But which club ended their run in the League Cup?

6: Which League One club became their first professional club in England to sack their manager in 2015/6?

7: England's Women's team began their Euro 2017 Qualifying campaign by beating Estonia by what score line?

8: Which League Two club took Liverpool to a penalty shoot-out at Anfield in the Capital One Cup?

9: Wayne Rooney became England's record goalscorer with 50 goals during his county's Euro 2016 Qualifier with Switzerland in September 2015. Who's record did he surpass?

10: How many goals did Manchester City striker Sergio Aguero score in his side's 6-1 Premier League win over Newcastle United on 3 October?

11: Northern Ireland qualified for their first-ever European Championship Finals in October. They have previously competed in the Finals of the World Cup, but in what year was their last appearance?

11: 1986

10: Five

9: Sir Bobby Charlton

8: Carlisle United

7: 8-0

6: Peterborough United (who parted company with

5: Hibernian

4: Arsenal, Liverpool and Manchester City

3: Sheffield Wednesday

2: Mathieu Flamini

1: Nine minutes.

ANSWERS



THE THIRD TEAM

Congratulations to this evening's match officials on their appointments. We take this opportunity to formally introduce them.

Stuart Cheek (Referee): Stuart qualified as a referee in 2008 and started initially on the Essex Olympian Football League before achieving promotion to level four within three years.

Stuart spent two years as a level four referee on the Essex Senior League before being promoted to Contributory League referee in 2013. He has previously refereed the Anagram Records Trophy final and Essex Saturday Junior Trophy in 2013 and was fourth man on the Essex Senior Cup final in 2014 and assistant in 2015.

Martin Quinn (Assistant Referee): Martin is of Irish descent and has been a qualified referee since 2002 ad this is his fourth County Cup final appointment.

A former Irish international athlete, Martin held the 400 metres record. He recently thoroughly enjoyed the experience of a Women's Premier League fixture between West Ham United and Tottenham Hotspur at the Boleyn Ground.

Martin was senior assistant referee on that fixture and he is looking forward to working with another great team tonight.

Abbie Fox (Assistant Referee): This is Abbie's second full season of officiating and she operates on the Southend & District Junior League, Essex Olympian League, Ryman Under 21 League and the FA Women's Premier League.

Abbie's favourite experience is also being an assistant on the West Ham United Ladies versus Tottenham Hotspur fixture at the Boleyn Ground.

Abbie hopes to progress as far as she can with her refereeing and looks forward to the future.

Kirk Edwards (Fourth Official): By day, Kirk is in charge of PE and School Sport in all the schools in Southend and he has been refereeing for a number of years now, mainly on the Essex Olympian League, but also the Southend Borough Combination Veterans League.

Last season saw Kirk promoted from level five to four and this is his second County Cup final appointment - something he is looking forward to.

On behalf of all the officials, Kirk would like to wish both teams the best of luck and congratulations for reaching the final.

2016 CUP FINALS SCHEDULE

WEDNESDAY 16 MARCH - Aveley FC

SATURDAY VETERANS CUP FINAL - 7.45pm

Hutton Old Boys 3-1 Leigh Ramblers

SUNDAY 20 MARCH - Saffron Walden Town FC

U16s GIRLS CUP FINAL - 10.30am

Leigh Ramblers (Blacks) 1-2 Writtle Minors (Greens)

WOMEN'S TROPHY FINAL - 3pm

Harlow Town 5-1 Wickford Town

WEDNESDAY 30 MARCH - Thurrock FC

BBC ESSEX SATURDAY PREMIER CUP FINAL - 7.45pm

Frenford Senior 4-1 Little Oakley

SUNDAY 3 APRIL - Great Wakering Rovers FC

SUNDAY JUNIOR CUP FINAL - 10.30am

Belfry 1-1 Daen Ingas (aet, 4-5 pens)

SUNDAY VETERANS CUP FINAL - 3pm

Nicholas Wybacks 1-0 Old Sutton

WEDNESDAY 6 APRIL - Aveley FC

SATURDAY JUNIOR TROPHY FINAL - 7.45pm

Flitch United 1-0 Ryan U21

SUNDAY 10 APRIL - Brightlingsea Regent FC

SUNDAY JUNIOR TROPHY FINAL - 10.30am

Fox & Fiddler 2-1 Westcliff United

CORDELL U13s CUP FINAL - 3pm

Hullbridge Sports 2-0 Leighwood United

TUESDAY 12 APRIL - Dagenham & Redbridge FC

BBC ESSEX SENIOR CUP FINAL - 7.45pm

Concord Rangers 1-0 Heybridge Swifts

WEDNESDAY 13 APRIL - Maldon & Tiptree FC

CASSELS U16s CUP FINAL - 7.45pm

Concord Rangers 1-1 West Bergholt (aet, 3-2 pens)

SUNDAY 17 APRIL - Burnham Ramblers FC

U14s GIRLS CUP FINAL - 2.30pm

Billericay Town (Blues) 2-0 Tigers (Blacks)

WEDNESDAY 20 APRIL - Billericay Town FC

SATURDAY JUNIOR CUP - 7.45pm

Chingford Athletic vs Iona

THURSDAY 21 APRIL - Thurrock FC

BBC ESSEX WOMEN'S CUP FINAL

C & K Basildon vs Writtle

SUNDAY 24 APRIL - Concord Rangers FC

ANDREWS U14s CUP FINAL - 11am

AFC Hornchurch vs Concord Rangers

ROSSER U15s CUP FINAL - 3pm

AFC Hornchurch vs Thurrock (EJA)

WEDNESDAY 27 APRIL - Billericay Town FC

PELLY U18s CUP - 7.45pm

AFC Hornchurch vs Chelmsford City

SUNDAY 1 MAY - Concord Rangers FC

SUNDAY PREMIER CUP FINAL - 10.30am

Global vs Rouge Returns

SUNDAY 15 MAY - Burnham Ramblers FC

U12s CUP FINAL - 11am

Finalists to be confirmed

THE ESSEX COUNTY FA BENEVOLENT FUND

would like to say a big

THANK YOU!

**to Essex Players, Clubs, Leagues and Referees
for your continued support during 2015**

(Registered under Charities Act 1960 No. 2277116)



The Benevolent Fund was instigated in 1931 and although it is generally perceived that the fund is more relevant to the 30s and 40s, where it is commonly acknowledged people experienced greater hardship and financial difficulties, the modern world, sadly, still finds many participants of the game very grateful for the support the fund provides.

Last year the Essex County FA made grants to the sum of £2,300 from the Fund. Donations from Leagues, Clubs and other members of the Association totalled £3,419 for which we are very grateful.

Although donations exceeded the grants made, the Trustees continue to work hard to increase the profile of the Fund and they would ask all members of the football family to support this worthy cause.

Who is the Benevolent Fund?

It's a charity which aims to give financial help to those who suffer hardship as a result of injury or sickness. The Benevolent Fund relies on donations.

How do I obtain a claim form?

Contact Sarah Shattock at the County Office.

Telephone: 01205 393677

Email: sarah.shattock@essexfa.com

If I make a claim will I definitely receive a grant?

Unfortunately no. Each case is reviewed by the Officers of the Benevolent Fund who assess the claimant's financial needs.

How long does the process take?

We aim to finalise most cases within a few weeks.

THE SQUADS

C & K BASILDON

All Red

From:

Cherie ROWLANDS

Molly POVEY

Claire LACEY

Hannah PORTER

Karen STEPHANOPOULOS

Kayleigh XIDHAS

Kerry STIMSON

Amy NASH

Charlotte LONG

Katherine HUGGINS

Lilly MELLORS

Sophie BLOWERS

Stacey LITTLE

Zoe RUSHEN

Karissa RODNEY

Nicola CARTY

Laura BRYANT

Leanne STUBBINGS

Manager Steve Tilson

Assistant Danny Greaves

Therapists Paul Smith, Steve

Spencer & Alan Richards



TONIGHT'S MATCH OFFICIALS

Referee Stuart Cheek

Assistants Martin Quinn & Abbie Fox

Fourth Official Kirk Edwards



WRITTLE

Green & White

From:

Beth GRIFFITHS

Rhianna FARR

Kimberley RIPTON

Kayleigh FRANKLIN

Maria BRISLEY

Lynette JONES

Hannah MOLD

Faith CANDICE

Rachel WELLER

Caroline BROWN

Abigail FRY

Georgie TRICKER

Leanne STUBBINGS

Amy SIMMONS

Amelia MURPHY

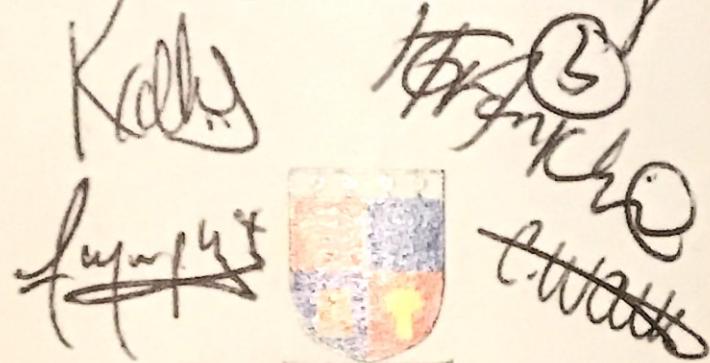
Niki MEDICI

Courtney CLARKE

Sophie VALE

Charlotte WALKER

Manager Simon Clarke



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